

Documentation of Bowel Management: 1987-1992

1987 – 1988 – 1989 – 1990 – 1991 – 1992

7 Day Colon Cleanse

Psyllium Seed	Bentonite	Distilled Water	No Food	Green Magma	1 coffee Enema
4x per day	4x per day	All Day		6 tablets, 4x per day	Per day

Followed this procedure every six months from 1987 to July of 1992. From August 1992 thru October 1993 – approximately 100 colonics until colon was completely clean. The water ran clear; no black, old feces ever came thru the tube again.

Apr. 1993	May 1993	June 1993	July 1993	Aug. 1993	Sept 1993	Oct. 1993	Nov. 1993	Dec. 1993
4/21	5/1	6/3	7/4	8/6	9/1	10/5	11/3	12/1
4/23	5/4	6/15	7/15	8/11	9/3	10/24	11/10	12/11
	5/7		7/16	8/15	9/8	*Colon Clean	11/15	12/12
	5/10		7/25	8/16	9/10		11/19	12/17
	5/14		7/27	8/17	9/23		11/29	12/22
	5/17			8/18	9/27			12/23
	5/20			8/20	9/28			12/24
	5/22							12/25
	5/24							
	5/27							

Jan. 1994	Feb. 1994	March 1994	April 1994	May 1994	June 1994
1/6	2/1	3/1	4/1	5/4	6/5
1/7	2/3	3/3	4/5	5/5	6/7
1/8	2/9	3/4	4/11	5/11	6/8
1/10	2/14	3/10	4/19	5/12	6/9
1/12	2/19	3/11	4/21	5/14	6/10
1/13	2/25	3/18	4/22	5/20	6/17

July 1994	Aug. 1994	Sept. 1994	Oct. 1994	Nov. 1994	Dec. 1994
7/3	8/1	9/2	10/2	11/1	12/4
7/7	8/2	9/3	10/3	11/2	12/6
7/11	8/3	9/4	10/4	11/3	12/8
7/12	8/4	9/5	10/5	11/4	12/10
7/13	8/5	9/6	10/6	11/5	12/12
7/14	8/6	9/7	10/7	11/6	12/14
7/15	8/7	9/8	10/8	11/7	12/15
7/17	8/8	9/11	10/9	11/8	12/16
7/20	8/9	9/12	10/10	11/9	12/18
7/21	8/10	9/13	10/11	11/10	12/19
7/23	8/11	9/14	10/12	11/12	12/22
7/24	8/12	9/21	10/13	11/13	12/23
7/25	8/13	9/23	10/14	11/17	12/25
7/26	8/14	9/24	10/15	11/18	12/28
7/27	8/15	9/26	10/16	11/21	12/30
7/28	8/16	9/27	10/18	11/22	12/31
7/29	8/17	9/28	10/19	11/24	
7/30	8/1	9/29	10/20	11/27	
7/31	8/21	9/30	10/23	11/29	
	8/22		10/24		
	8/23		10/25		
	8/25		10/26		
	8/26		10/27		
	8/27		10/28		
	8/28		10/29		
	8/29		10/30		
	8/31		10/31		

Jan. 1995	Feb. 1995	March 1995	April 1995	May 1995	June 1995
1/2	2/2	3/10	4/1	5/20	6/4
1/6	2/4	3/16	4/7	5/24	6/6
1/7	2/5	3/20	4/9	5/28	6/12
1/9	2/6	3/21	4/17		6/24
1/10	2/6	3/25	4/21		
1/11	2/8		4/22		
1/12	2/12		4/23		
1/13	2/13		4/26		
1/14			4/29		
1/15					
1/16					
1/18					
1/19					
1/23					
1/24					
1/25					
1/26					
July 1995	Aug. 1995	Sept. 1995	Oct. 1995	Nov. 1995	Dec. 1995
7/9	8/7	9/6	10/3	11/2	12/11
7/16	8/16	9/15	10/6	11/10	12/19
7/25	8/22	9/20	10/11	11/17	12/27
7/29	8/28	9/22	10/17	11/23	
		9/23	10/26		

Jan. 1996	Feb. 1996	March 1996	April 1996	May 1996	June 1996
1/6	2/2	3/7		5/16	6/10
1/11	2/10	3/16		5/25	6/21
1/21	2/16	3/27			
1/26	2/23				
July 1996	Aug. 1996	Sept. 1996	Oct. 1996	Nov. 1996	Dec. 1996
7/22	8/29	9/4	10/4	11/4	12/26
			10/28	11/30	

January 1997	February 1997	March 1997	April 1997	May 1997	June 1997
1/19	2/9	3/3	4/3	5/2	6/4
		3/15	4/5	5/5	6/8
		3/21	4/8	5/8	6/11
		3/25	4/12	5/11	6/15
		3/28	4/16	5/14	6/19
		3/31	4/19	5/17	6/22
			4/23	5/18	6/25
			4/25	5/25	6/29
			4/28	5/28	
				5/31	

July 1997	August 1997	September 1997	October 1997	November 1997	December 1997
7/4	8/1	9/1	10/1	11/1	12/8
7/7	8/5	9/4	10/3	11/8	12/14
7/10	8/8	9/7	10/6	11/17	12/22
7/15	8/11	9/14	10/10	11/28	12/30
7/18	8/15	9/16	10/17		
7/21	8/18	9/21	10/26		
7/23	8/21	9/25			
	8/24	9/28			
	8/28				

January 1998	February 1998	March 1998	April 1998	May 1998	June 1998
1/8	2/1	3/4	4/16	5/1	6/1
1/26	2/7	3/10	4/23	5/8	6/7
	2/16	3/19		5/14	6/14
	2/25	3/29		5/22	6/21
					6/28

July 1998	August 1998	Sept. 1998	Oct. 1998	Nov. 1998	Dec. 1998
7/4	8/2	9/5	10/4	11/10	12/7
7/12	8/9	9/13	10/13	11/16	12/14
7/22	8/16	9/20	10/19	11/24	12/21
7/28	8/24	9/27	10/26	11/30	12/27
	8/31		10/31		

January 1999	February 1999	March 1999	April 1999	May 1999	June 1999
1/6	2/9	3/1	4/5	5/3	6/8
1/11	2/12	3/7	4/11	5/16	
1/18	2/22	3/21	4/20	5/23	
1/20		3/29	4/26	5/31	
1/31					

July 1999	Aug. 1999	Sept. 1999	Oct. 1999	Nov. 1999	Dec. 1999
7/3	8/8	9/2	10/11	11/3	12/1
7/30		9/22	10/28	11/19	12/15
				11/28	12/20

*Jan. 2000	Feb. 2000	March 2000
1/1	2/8	3/8
1/3 103° temperature		
1/4 Fever completely gone within 8 hrs.		
1/21		

*This is the year that I drastically cut back on colonics but should not have. Less colonics caused the heavy metals to back up into the kidneys.

*April 2000	May 2000	June 2000	July 2000	Aug. 2000	Sept. 2000	Oct. 2000	Nov. 2000	Dec. 2000
4/2	5/8	6/24	7/5	8/1	9/7	10/6	11/18	12/2
4/17	5/27		7/16	8/2	9/12	10/17		12/13
4/29				8/18	9/14	10/31		12/23
				9/21				

Jan. 2001	Feb. 2001	March 2001	**April 2001	May 2001	June 2001
1/5	2/19	3/8	4/1	5/2	6/1
1/25		3/15	4/2	5/7	6/3
1/27		3/20	4/3	5/12	6/7
		3/22	4/5	5/16	6/11
		3/27	4/7	5/21	6/15
		3/28	4/9	5/23	6/19
		3/29	4/11		6/22
		3/30	4/13		6/24
		3/31	4/15		
			4/17		
			4/18		
			4/22		
			4/23		
			4/24		
			4/26		
			4/28		
**July 2001	Aug. 2001	Sept. 2001	Oct. 2001	Nov. 2001	Dec. 2001
7/4	8/3	9/7	10/5	11/6	12/7
7/9	8/10	9/15	10/12	11/13	12/14
7/12	8/15	9/22	10/18	11/17	12/16
7/18	8/24	9/29	10/24	11/23	12/21
	8/31		10/30	11/29	

**These months, starting in 4/01, is when I stepped up the colonics because of the septic state. The heavy metals were released from all areas of my body into my kidneys. The kidneys were able to release the heavy metals into the bowel and out of the body, because of the colonics. Now I was out of danger.

Jan. 2002	Feb. 2002	March 2002	April 2002	May 2002	June 2002
1/13	2/6	3/1	4/15	5/1	6/1
1/18	2/12		4/22	5/7	6/4
1/29	2/19			5/14	6/5
	2/25			5/21	6/7
				5/29	6/8
				5/30	6/9
				5/31	6/10
					6/11
					6/12
					6/13
					6/15
					6/17
					6/18
					6/19
					6/20
					6/21
					6/22
					6/23
					6/24
					6/25
					6/26
					6/28
					6/30

July 2002	Aug. 2002	Sept. 2002	Oct. 2002	Nov. 2002	Dec. 2002
7/1	8/1	9/2	10/6	11/5	12/1
7/2	8/2	9/4	10/11	11/9	12/6
7/4	8/3	9/8	10/14	11/15	12/11
7/6	8/5	9/11	10/24	11/21	12/16
7/8	8/7	9/14	10/31	11/26	12/21
7/10	8/9	9/17			12/26
7/12	8/12	9/19			
7/17	8/14	9/21			
7/16	8/16	9/23			
7/18	8/18	9/26			
7/20	8/20	9/31			
7/22	8/23				
7/24					
7/26					
7/28					
7/30					